



53nd Winter Swimming Across the Meuse River

Sunday 23th February 2020

An event organised by the town of Huy and COOL Huy asbl

PRE-PROGRAM

The event rules are following IWSA rules and FINA rules. However, the point 5.5 of FINA rules which decides minimum water temperature at 16°C is not followed.

--> No neoprene allowed except swimming cap.

The false starts will get a 5 seconds penalty. Maximum two races for each swimmers.

The organizer of the event is the only one competent to judge any claim or dispute and to validate registration.

The taken decisions will be without appeal

Every swimmer or team must be An event organised by the town of Huy and COOL Huy asbl registered by the secretary of a winter swimming club or provide a medical check including a stress ECG, maximum one year old.

Download on http://www.traverseedelameuse.be/documents_uk.htm

In case of dispute the French version of the rules is valid

Registrations before : 16/2/2020 To be sent to :

**COOL Huy - Rue du Marais, 120 - 4500 HUY
+32 478 / 59 10 83 meuse@traverseedelameuse.be**

Useful Info :

Swimmers' meeting, Common Pool, Avenue Godin Parnajon, 5 to 4500 HUY

09h00 - 09h45 : Cap will be given, numbers will be written on shoulders

Changing room, showers and toilets at the pool.

3 Transports by bus between the finish area and the start area : **First bus at 9H50**

Safety by boats and divers.

For all individual races :

Start : calling room, Quai de Compiègne. **Check in, 5 min before the start**

Finish, **between two yellow lines**, up stream of Europa bridge , Quai d'Arona

Minimal distance : 120 metres.

The number will be in the front of the cap.

The organizers could merge races. Timing could be tuned.

For the relay races :

Read details on the relay registration form.

Timing:

09h30 : Meeting of judges, referees and club representatives
at **IPES school Av Delchambre, 6, Huy**

10h15 : Start of the first race.

13h00 : Drink and lunch at IPES restaurant. Special Belgian food
Awards ceremony at IPES theatre.

Gift to each swimmer. - 1st Award per category



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Race list :

- 1 Breaststroke Women 1990 to 1999
- 2 Breaststroke Men 1990 to 1999
- 3 Breaststroke Women 2000 and later
- 4 Breaststroke Men 2000 and later
- 5 Breaststroke Women 1970 to 1979 and 1980 to 1989
- 6 Breaststroke Men 1980 to 1989
- 7 Breaststroke Men 1970 to 1979
- 8 Breaststroke Women 1960 to 1969, 1959 and before
- 9 Breaststroke Men 1960 to 1969, 1959 and before

Pause and Demo along the wall and half crossing

- 10 Free Style Women 1980 to 1989, 1990 to 1999, 2000 and later
- 11 Free Style Men 1980 to 1989, 1990 to 1999, 2000 and later
- 12 Free Style Women 1970 to 1979, 1969 and before
- 13 Free Style Men 1970 to 1979,
- 14 Free Style Men 1960 to 1969, 1959 and before

Pause and making ready for the relay

- 15 Mixt Relay 4 x crossing : 1 man, 1 woman, 1 breaststroke,
and the others are on your choice.
For the relay registration, please use the form here under.

The order of the races could be changed to, without penalizing swimmers, increase the recovery time of swimmers participating in several races.

NB : We allow classic breaststroke, including eyes in the water.
The start is « dry », you can either jump or dive. The wall is 2m high.

The registration of our races is free this year but if you like to support our event and want it will be a 53st edition, you can make a gift on the account of the club with « support » as remark. We thank you in advance.

COOL asbl IBAN : BE97 3631 3133 8949 BIC : BBRUBEBB



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Relay registration Form

This form must be sent at the secretary office before the first free style race.

<u>A Team :</u>	Name	First Name
Swimmer 1 (breast.) :
Swimmer 2 :
Swimmer 3 :
Swimmer 4* :

<u>B Team :</u>	Name	First Name
Swimmer 1 (breast.) :
Swimmer 2 :
Swimmer 3 :
Swimmer 4* :

Relay Rules :

The swimmers may register to one or two individual race and the relay. If a swimmer decide not to swim an individual race, there will be no penalty if he swim the relay.

* 3 or 4 swimmers relay depending of the average flow of the river.

The board will decide of the number of swimmers in the relay or to cancel depending of the weather.

Every swimmer of the team must have swam minimum one race before the relay. Each team must include a man and a women.

The first swimmer **MUST** swim breaststroke.

The first team of each club is immediately registered. The second is a request. It will be registered depending of the vacancy places.

The fourth swimmer on the list is the one who will not swim in case of 3 swimmers relay.

Handover procedure: Swimmers 2, 3 and 4 will hold a 2 meters rope. The coming swimmer must catch this rope and give it to the juge. Missing rope will involve 30 seconds penalty for the team.

At the handover, the swimmer must jump or dive taking care of the safety of the swimmers still in the water otherwise risk of 5 sec penalty or disqualification.

After the handover, the swimmer have to derive along the wall to the stairs.

The team members will wear the same cap. Please send a picture of the proposed cap to check and avoid same cap for different team.

Awarded points : read « City of Huy » Challenge rules